



CHESTER • NEW YORK

Kids Weekly *Class Schedule*

Aerial silks • lyra • hammock • circus arts

Made for young flyers.

Every kid-friendly & all-ages class we run each week at Flexibility in Flight. Print it, stick it on the fridge, and reserve your spot on our live schedule.



FLEXIBILITY IN FLIGHT

16 Main Street, Chester NY • 845-545-5050 • flexibilityinflight.com

BOOK ONLINE

flexibilityinflight.com/schedule



The Weekly Schedule

Kids & all-ages classes • [book on flexibilityinflight.com/schedule](https://flexibilityinflight.com/schedule)

● Lyra ● Silks ● Hammock ● Circus

SUNDAY

● **Lyra Level One**
LYRA

11:15 AM

WEDNESDAY

● **Lyra Hoop**
LYRA

6:00 PM

● **Aerial Hammock**
HAMMOCK

7:15 PM

FRIDAY

● **Lyra Aerial Hoop**
LYRA

6:00 PM

TUESDAY

● **Circus Arts (All Ages)**
CIRCUS

11:30 AM

● **Aerial Fabric**
SILKS

6:15 PM

● **Lyra Hoop**
LYRA

7:30 PM

THURSDAY

● **Lyra Hoop**
LYRA

4:45 PM

● **Aerial Fabric**
SILKS

6:00 PM

● **Aerial Hammock**
HAMMOCK

7:00 PM

SATURDAY

● **Aerial Fabric**
SILKS

12:30 PM

● **Ready to fly?**

Book any class online — spots fill fast.

BOOK AT FLEXIBILITYINFLIGHT